

Lunch served from 11- 5pm

Soups

Daily Soup

Cup	5
Bowl	7

Made fresh daily

Seafood Chowder

Cup	6
Bowl	8

Seared scallops, garlic baby shrimp, sweet crab and fish simmered with herbs and finished with cream. Served with garlic focaccia bread

Daily Soup and Sandwich Special 10

Ask for today's selection

Salads

Embers Crisp Toss Salad

Starter	6
Entrée	9


The Heart of Caesar

Fresh romaine tossed in our house made dressing, crisp bacon and fresh asiago cheese. Served with garlic focaccia bread

Starter	7
Entrée	10

Build a Better Salad

with these additions to the above salads

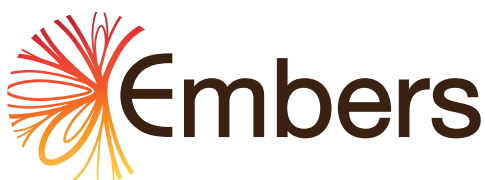
Cajun Chicken	5
Skewer of Prawns	4
Fresh Salmon	6
 5oz Sirloin	5

Summer Salad 12

Fresh spinach, red onions and strawberries tossed with our house made white balsamic vinaigrette. Topped with candied pecans and crumbled goat cheese

Steak and Blue Cheese 15

5oz *Certified Angus Beef*® brand sirloin grilled to perfection. Served with mixed greens, tomato, red onion and figs tossed in our house made balsamic vinaigrette. Topped with crumbled blue cheese



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Lighter Fare

Chicken Tenders and Fries 11

Fresh cut chicken tenders, hand breaded, in a house blend of spices, fried to a crisp golden brown

Beer Battered Cod 14

Two pieces hand battered and fried until golden brown. Served with fries and house made coleslaw

Quesadillas

Vegetable Quesadilla 11

Add chicken, beef or shrimp 3

Santa Fe Chicken Quesadilla 14

Chicken breast, salsa, fresh tomatos and jalapeno peppers in a cheese tortilla. Topped off with fresh sliced avocado

Spinach and Goat Cheese Quesadilla 14

Fresh spinach, tomatos, pesto and crumbled goat cheese in a spinach tortilla

*All quesadilla's come with choice of daily soup, fries or house salad. Caesar, yam fries or seafood chowder add \$1.50

Pasta and Stir Fry

Chicken and Mushroom Tortellini 15

Tender chicken breast sautéed with mushrooms, onions and fresh garlic, finished with white wine and cream

Tuscan Vegetable Lasagna 14

Roasted Mediterranean vegetables with marinara and a white wine cream sauce

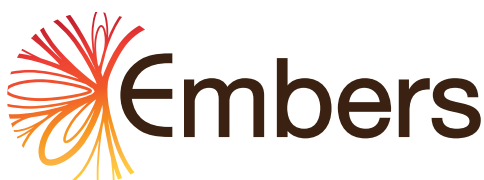
Butter Chicken 15

Tender chicken breast sautéed with coriander, tomato and fresh ginger. Finished with butter and served over rice with grilled naan bread

Vegetable Stir Fry 14

Fresh vegetables sautéed in sesame oil, finished off with tangy black bean sauce over chow mein noodles

Add chicken, sliced sirloin or prawns 4



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Lunch Fare

All sandwiches served with choice of daily soup, fries or tossed salad. Caesar salad, yam fries or seafood chowder add \$1.50



Embers Steak Sandwich 14

Certified Angus Beef® brand New York steak. Nothing added just incredible flavour and tenderness, grilled to perfection. Served on garlic focaccia and topped with sautéed bell peppers, onions and mushrooms

Traditional Beef Dip 11

5 oz slow roasted shaved beef on a toasted panini bun. Served with au jus for dipping

Philly Cheese Steak 12

Beef - Shaved roast beef with sautéed peppers mushrooms and onions, smothered in demi glace and topped with swiss cheese

Chicken - Chicken breast sautéed with peppers and onions, finished with cream and grated asiago

Veggie Wrap 9

Seasonal vegetables sautéed in garlic and wrapped in a Spinach tortilla with a sweet chili aioli

Add chicken, beef or shrimp 3



Steak and Chipotle Wrap 12

Sliced *Certified Angus Beef*® sirloin steak, bell peppers, mushrooms and onions finished off with our house made chipotle BBQ sauce. In a cheese tortilla with rice pilaf and mixed cheese

Spicy Chicken Club Wrap 12

Try with fresh chicken breast or crispy tenders. Bacon, sliced cheddar, lettuce and tomatos in a cheese tortilla with a sun dried tomato mayo

Embers Cheese Burger 12

House made patty, grilled to perfection, served on a fresh toasted kaiser with sun dried tomato mayo, lettuce, onion, tomato and dill pickle

Embers Bison Burger 13

House made patty, grilled to perfection, smothered in a chipotle BBQ sauce topped with a sweet onion chutney. Served on a fresh toasted kaiser with sun dried tomato mayo, lettuce, onion, tomato and dill pickle

Chicken Burger 12

Marinated chicken breast, grilled to perfection, served on a fresh toasted kaiser with sun dried tomato mayo, lettuce, onion, tomato and dill pickle

Veggie Burger 11

Sun dried tomato mayo, lettuce, onion, tomato and dill pickle

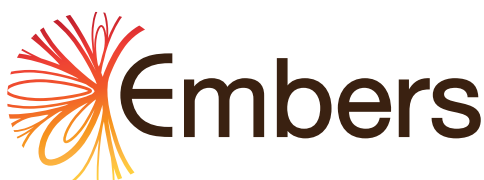
Salmon Burger 12

Fresh grilled salmon on a toasted kaiser with peppercorn ranch, lettuce, onion, tomato and dill pickle

Build a Better Burger

with these additions to the above burgers

Sautéed Mushrooms or Onions	1
Cheddar or Swiss Cheese	1.5
Crispy Bacon	2
Chipotle BBQ Sauce	1



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Beverages

Fresh Ground Coffee	3
Tea	3
Herbal Tea	3.25
Hot Chocolate	2.5
Milk	
Small	2.25
Large	2.75
Juice Orange, Cranberry or Apple	
Small	3
Large	3.75
Pop	2.5
Ice Tea	2.75

From Our Barista

Cappuccino	3.5
Latte	3.5
Espresso	3.5
Mocha	3.5
Hot Chocolate	3.5

Desserts

Served 11 am - 11pm Daily

Deep Dish Apple Pie	9
An original house made apple pie flavored with brown sugar and cinnamon. Topped with vanilla bean ice cream and caramel sauce	
Banana Peach Pudding	9
Fresh peaches, vanilla and cream finished off with a rich banana rum sauce	
Crème Brûlée	8
Ask your server for our daily feature	
Chocolate Lava Cake	9
Simple and elegant, baked to perfection and topped with raspberry sauce and crème anglaise.	
House Made Cheesecake	8
Ask your server for our featured cheesecake	
Chocolate Paté	11
Rich chocolate dusted with cocoa, topped with raspberry sauce and served with Bailey's whipped cream	